

SHERIDAN TIMES

Spring & Summer 2022



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President's Message

Thank you for supporting your neighbourhood association and reading the **Sheridan Times**. I am grateful for our incredible neighbours that give their time & efforts to improve our community. I am especially thankful for all that Juliana Eddy has given over the last seven years. Julianna served as a valued board member from 2014 to 2021, created and carried the pumpkin parade, led the start-up of Neighbourhood Watch, made deputations to government, and has given so much of her time at monthly meetings and events. Our community is stronger because of her work.

I had the privilege to collaborate with now-former Councillor Karen Ras. I know Councillor Ras worked hard to improve our community. She was instrumental in delivering projects like traffic calming, skating rink and Loyalist Creek improvements. **SHORA** has received countless messages of support for Councillor Ras, and we send her best wishes in her career away from politics.

Change and Restart

This season marks a time of significant change and a new beginning for many. As we welcome new neighbours, I hope that we can come together, focus on being better, and help one another. Let's learn from the important lessons of our recent past.

While leading our volunteers, I refer to our guiding documents during times of change.

The objectives of the Association shall be:

- To promote the general welfare and development of the District;
- To participate in local and government affairs and make such representations to the Council of the City of Mississauga or other bodies of any kind as are deemed necessary from time to time in order to further the common interests of the members of the Association;
- To keep members informed of matters which affect them as ratepayers of the District;
- To foster projects which are in the interest of the District as a whole;
- To engage in such other activities as are considered by the Association to be necessary or beneficial to the interests of the members of the Association; and,
- Other complementary purposes not inconsistent with these objectives.

SHORA volunteers are currently monitoring or participating in:

Dundas BRT and complete streets, Loyalist Creek rehabilitation, THP LTC build, Ongoing traffic calming and safe streets, MIRANET & numerous community events run by volunteers.

Do you want to help? Please send us a message: info@shora.ca

Brandon Wiedemann
President@shora.ca

SHERIDAN TIMES

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DEADLINE for Ads and Articles for the Fall & Winter Issue: **September 30, 2022**
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SHORA Membership

SHORA membership dues are \$15 per year if paid through our automatic subscription system, or \$20 per year via cash, PayPal, cheques or **e-Transfer** (new this year).

To **subscribe** to the automatic renewal membership service (\$15) per year, or to pay via **PayPal** (\$20) per year, please visit www.shora.ca

To pay via e-transfer (\$20), payee is **treasurer@shora.ca**

In the 'message' section of the transfer, please ensure you provide your name and street address so membership can be properly identified.

Cheques (\$20) should be made payable to Sheridan Homelands Ratepayers' Association and mailed to P.O. Box 287, #6 – 2400 Dundas St. W., Mississauga, ON L5K 2R8.

If you prefer to pay **cash** (\$20), please contact us at info@shora.ca or treasurer@shora.ca to arrange pick-up.



Pat Mullin, Councillor Ward 2

Dear Resident,

As you may be aware, I was appointed Interim Councillor for the Ward 2 office until the next election, when you will be voting for your new Councillor on October 24, 2022. I am very happy to be returning to assist the Ward 2 Residents, once again.

Please feel free to contact me at **905-896-5200** or via email at **pat.mullin@mississauga.ca** if you have any questions or concerns. If you have an immediate concern, feel free to contact 3-1-1 from 7:00 am – 7:00 pm weekly. Your concern will be recorded and forwarded to the appropriate staff. You will be provided with a service request # for follow-up. You can also contact them via email at **public.info@mississauga.ca**

Please visit the City of Mississauga, Ward 2 page, **mississauga.ca/council/city-council-members/ward-2-councillor-pat-mullin** for the link to my Ward 2 Information Blog. I hope you will find it informative.

At this time I would like to share the following information with you:

Mississauga Concerned by Ontario Housing Task Force Recommendations

In response to the housing crisis in Ontario, the Province commissioned a Housing Affordability Task Force to make recommendations about how to address housing supply and affordability. This report was released on February 8, 2022.

The City of Mississauga has prepared a detailed response to the Report of the Ontario Housing Affordability Task Force. It raises concerns with many of the recommendations that the City believes could impact the quality of life in Mississauga without achieving the goal of increasing housing affordability.

To learn more, please visit the City's website at **mississauga.ca/council/council-activities/council-advocacy/housing-affordability/**

Region of Peel – Residential Rat Control Subsidy Pilot Program

On March 24, 2022, the Region of Peel approved to extend the Peel Residential Rat Control Subsidy Pilot Program until November 30, 2022.

Staff will monitor this issue and report back to a future meeting of Council on the Rat Control Rebate Pilot Program prior to implementation of the program beyond the pilot stage.

This program will help residential property owners who have a rat infestation on the exterior of their home. For further information, visit **peelregion.ca/rat-subsidy-program/**

Thornlodge Park Pad for Ice Rink

The concrete pad for the ice rink has been poured and will require 15-20 days to cure. The work should be completed by the first week of May, weather permitting.

Current Construction Projects

Please visit the City of Mississauga webpage at **mississauga.ca/projects-and-strategies/current-construction-projects/** for a complete listing of construction projects including work on roads, bridges, creeks, sewers, watermains and other types of infrastructure for your area.

Click on the Construction Map or click on the +List of road and stormwater projects, -Ward 2, for an up to date Briefing Note, specific to our ward.

Pat

Pat Mullin

Councillor Ward 2

City of Mississauga, 300 City Centre Drive, Mississauga, ON L5B 3C1

Office: 905-896-5200 • pat.mullin@mississauga.ca

SOME OF MY SHERIDAN DISTRICT SALES FOR 2022 & 2021



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Rediscover Ontario and Save 20% with the **New Staycation Tax Credit**

By Rudy Cuzzetto, MPP for Mississauga-Lakeshore

The last two years have been difficult for everyone. Our frontline staff are exhausted, families are still recovering from the stress of online school, and small businesses are working hard to recover from the COVID-19 pandemic.

As we're able to ease public health restrictions, and as the weather begins to get warmer, a family staycation is a fantastic way to rediscover Ontario, and to deliver a much-needed boost to small businesses across the province, by spending our tourism dollars here at home.

Our government is making it easier and more affordable than ever to take a staycation with the new Staycation Tax Credit, which you can claim when you file your personal Income Tax and Benefit Return for the 2022 taxation year.

Ontario residents can get up to 20% of their eligible 2022 accommodation expenses back, up to a maximum of \$200 for individuals, or \$400 for families. You can claim the credit for multiple trips, as long as your total accommodation expenses don't exceed the maximum of \$1,000 for individuals, or \$2,000 for families.

Examples of eligible expenses include stay(s) at hotels, motels, lodges, bed-and-breakfast establishments, cottages, campgrounds and other short-term accommodations in Ontario that are subject to GST/HST, as long as the purpose of the stay is leisure (not business).

Home-sharing accommodation expenses booked through internet-based platforms like Airbnb, HomeAway, or VRBO are also eligible, as long as they are subject to GST/HST. (The Canada Revenue Agency will make determinations on eligibility on a case-by-case basis.)

The Staycation Tax Credit is a refundable personal income tax credit, which means that if you're eligible, you will get 20% of your expenses back regardless of whether you owe income taxes this year.

This is only one of many initiatives that the government has developed to help the tourism sector recover. Many local festivals and events have received significant support, including \$273,500 for the Mississauga Waterfront Festival, \$75,727 for Paint the Town Red in Port Credit, \$62,000 for the Port Credit BIA's WinterIN the Port Festival, and \$44,500 for the Southside Shuffle Blues & Jazz Festival.

I look forward to welcoming visitors to Mississauga-Lakeshore again this summer for these annual festivals in Port Credit, and I encourage everyone to take advantage of the Staycation Tax Credit, if you can.

From vibrant cities to historic small towns, food trails to festivals, and mountains to beaches, Ontario offers the world in one province. So get outside, travel, and explore our great province – and help support Ontario's hard-hit tourism industry, so that it can recover and emerge from the pandemic stronger than ever.

To find out if your trip is eligible for the Ontario Staycation Tax Credit, please visit **Ontario.ca/Staycation**. Note that all expenses must be paid or payable in 2022, and in order to claim the tax credit, you should save detailed receipts for all expenses.

If you have any questions or concerns, or if you need any further information, my staff and I are always here to assist you, at **(905) 274-8228** or **rudy.cuzzetto@pc.ola.org**. **Rudy Cuzzetto is the Member of Provincial Parliament for Mississauga-Lakeshore.**

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The Ontario Staycation Tax Credit

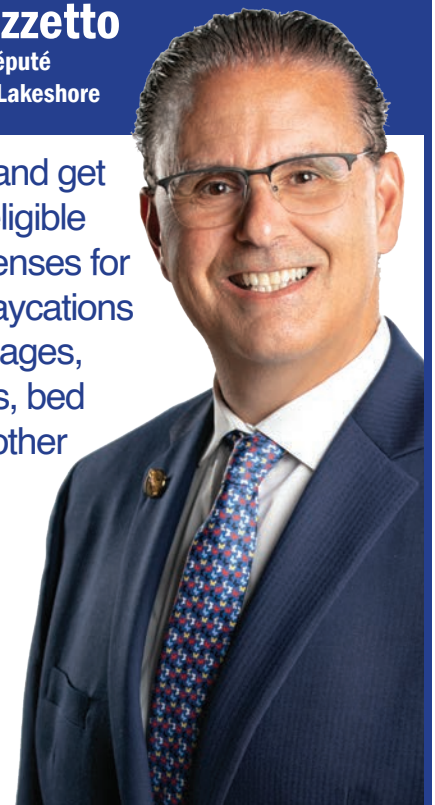


**Learn more:
Ontario.ca/Staycation**

(905) 274-8228



Rudy Cuzzetto
MPP / Député
Mississauga-Lakeshore



Rediscover Ontario, and get **up to 20%** back on eligible accommodation expenses for your 2022 Ontario staycations at hotels, motels, cottages, lodges, campgrounds, bed and breakfasts, and other short-term accommodations.

Individuals can get up to **\$200** back, and families can get up to **\$400**.

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Just over two years ago, our world changed!

By Sven Spengemann

The COVID-19 pandemic triggered an unprecedented response in almost every country, including Canada: Governments developed health guidelines, imposed travel restrictions and passed relief programmes for individuals and businesses. As hospitals began to reach capacity limits, schools, universities and many workplaces transitioned to virtual interaction. In 2021, we saw the rollout of a global vaccination effort of unparalleled approval timelines and scale. Hospitalizations began to decline, and new hope emerged that, by trusting in science and acting together, we would be able to overcome this crisis. But challenges around global vaccine access and local uptake persist and, today, the pandemic is still with us. Cases are increasing again in several countries, and more work remains ahead.

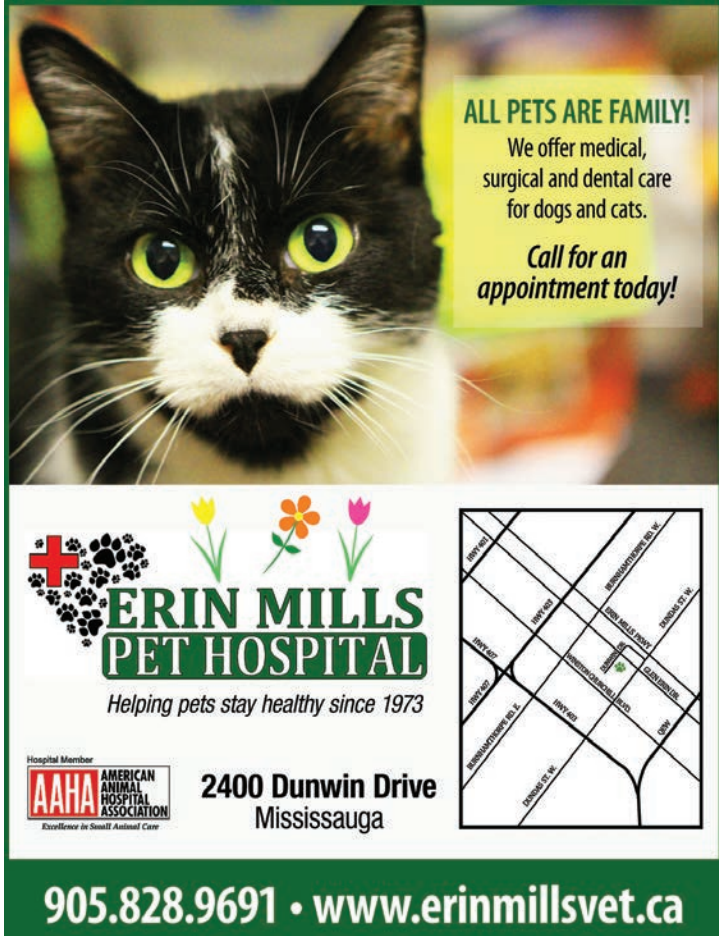
Many challenges that we faced prior to March 2020 continue unabated, and some have been amplified by the pandemic.

Climate change and plastic pollution need to be addressed urgently, as do crises in housing, health care and long-term care that are particularly acute in the Greater Toronto Area. There is a need for better, greener public transportation systems, an accelerated focus on electric vehicles and new ways to support health care workers, educators and all those on the front lines of the pandemic and recovery phase.

On February 24, 2022, our world changed again.

Russia invaded Ukraine in an unprovoked, illegal act of military aggression that unleashed a new war in Europe, violating the core values we have pledged to defend through the United Nations Charter. Hundreds of Ukrainian civilians are reported to have been killed, and millions are fleeing to neighbouring countries, a scale of forced displacement not seen since World War II. Alongside our NATO partners and allies around the world, Canada has strongly condemned this invasion and joined in passing severe sanctions against Russian leaders. We are contributing to multilateral military, economic and humanitarian efforts, and we are welcoming Ukrainian refugees. I work closely with my fellow G7 Foreign Affairs Committee chairs from France, Germany, Italy, Japan, the United Kingdom, United States and the European Parliament, to encourage our governments to do everything possible to relieve the suffering of the people of Ukraine and end this unconscionable war.

The crises that we face – climate, COVID and conflict – are serious and far-reaching in their impact. This is a time to come together, urgently, to set aside political division and to be united in taking action, at home and abroad. In March, the Liberal Party of Canada concluded an agreement with the New Democratic Party that, over the next three years, will allow us to move forward on important issues: Healthcare; housing affordability; child care; climate change; the protection of workers; reconciliation with First Nations, Inuit and Métis and a fairer tax system. Our federal government will continue to invest in Canadians, in infrastructure, in tackling climate change and growing our economy. Your voice will matter in supporting these priorities – together, we will keep our country strong and stand as trusted partners in an uncertain world.



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Member of Parliament
Mississauga - Lakeshore

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Our Community Ice Rink

By Kelly & Curtis Hammond

Being a part of the ice-building and maintenance team of volunteers for our Thornlodge ice rink over the last few years has really been something to look forward to. This has been a great sense of accomplishment for all the volunteers.

So many volunteer hours went into building and maintaining the ice, and SO many people in the community came out to help! We even had volunteers bring their snowblowers after the January storm!

It has been truly amazing seeing so many neighbors enjoying skating, having fun, and many learning to skate for the first time!

Our most favourite part of the ice rink this year was the magical “lazy river” style of ice made outside the boards. We saw skaters come from all over Mississauga to enjoy the “lazy river” as it was the first and only in Mississauga.

The “lazy river” allowed the little ones a separate space to play, learn, and enjoy when the “big kids” came out to play on the main rink. This also allowed many others to enjoy a more freeform skate.

We can't thank all the volunteers enough for all their hard work! Our own SHORA president Brandon Wiedemann, led the charge and we are pretty sure, spent many full days monitoring the ice conditions.

THANK YOU SO MUCH TO ALL THE VOLUNTEERS for the 2022 Ice season!! We are sad its over, but looking forward to next year!



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LEGEND OF THE NORTH STAR

By Justine Lyn & Matthew Wilkinson - Heritage Mississauga

The concept of hidden history has long offered equal measures of fascination and frustration, and this is most evident in our attempts to uncover, document and share histories of our early Black settlers here in historic Mississauga.

Searching through early census records brings some names forth, but little else. Names, of course, can be an important starting place in our research, but all too often it leaves us wanting more. But perhaps more importantly, it leaves us wondering why more has not been recorded or preserved.

Listed in the 1861 Census were Benedict Duncan and his wife Elizabeth. Were they related to their neighbours, Levi and Lidia Duncan? Nearby lived Benjamin and Margaret Duncan. They were all Wesleyan Methodists, they were all born in the United States, they all shared a surname, and they were all recorded as being Black. What is their story?

What about John and Jane Spencer, and their children? In 1851, the family included young John, Sarah and Eliza (Elizabeth). By 1871, the family had grown by two more: Mary (Maria) and William. The parents, born in the United States, were listed as being of African (1851 Census) and Negro (1861 Census) origins. They were living in a frame house near Agnes Street in Cooksville. Where were they from? When did they come to Canada? Where did they go?

More uncertainties arise when researching Samuel Carter, Benjamin and Hannah Workman, Lewis Morrell, William and Mary Ann Bell, and John Shepherd. Are we sifting through generations of historical biases, both intentional and unintentional, that have led to the knowledge of early Black residents being lost or omitted from our histories? We are also searching for answers – just without the traditional guideposts – such as published references, land ownership, recorded genealogies, landscape remembrances, etc.

While we do not have evidence of slave ownership here in historic Mississauga, we can see that some families came from areas where slavery was an accepted practice – what was their family story in respect to enslaved peoples? What

might their own perceptions have been towards race and social structure? Regarding Sheridan Homelands and the well documented history of Colonel Peter Adamson, there were several early Black families who lived close by. Would they have been accepted members of his community? What kind of prejudices might they have faced?

As mentioned, a few Black families came to live in historic Mississauga. Distance from the American border and relative geographic obscurity were likely incentives. Those that came included Black Loyalists, emancipated former slaves, freedom seekers and free Blacks looking for a new home free from slavery – and protection from the Fugitive Slave Act of 1850. There is very little tangible evidence of these historic connections. Early census records, council records, birth, marriage and death certificates provide a glimpse into this part of our city's past. We have shared the story of the Ross family before, but a newly uncovered story has strong geographic connections to the area nearby Sheridan Homelands.

In the 1851 census we find John and Catherine Thomas, and their children May and George. They were likely living along Fifth Line / Southdown Road. In the census they are listed as "Coloured Persons – Negros".

28	Wm. Thomas	do	do	do
29	Wm. Thomas	do	do	do
30	Richard Walter	Labourer	do	do
31	Catharine Sullivan	Servant	Ireland	R. Catholic
32	Isabella Karpis	Farmer	Scotland	Protestant
33	Margaret do	Wife	do	do
34	George do	Labourer	do	do
35	Elizabeth do	do	do	do
36	John do	do	do	do
37	Catharine do	do	do	do
38	John do	do	do	do
39	James Kirk	Labourer	do	do
40	John Lynch	Farmer	England	C of England
41	Joseph do	Wife	do	do
42	John Thomas	Labourer	U States	Methodist
43	Catharine do	Wife	do	do
44	Mary Thomas	do	Canada	do
45	George do	do	do	do
46	William Smith	Labourer	do	do
47	Margaret do	Wife	do	do
48	Joseph Gorman	Labourer	U States	do
49	Thomas West	do	do	do

Thomas family on 1851 census



John R. Dorsey
- image courtesy of Kim Thomas



Catherine Ann Thomas holding a
picture of John Dorsey Thomas
- image courtesy of Kim Thomas

Catherine Thomas (1827-1878) and John Dorsey (1828-1881) were born into slavery and lived in Maryland, according to family stories – graciously shared by a descendant, Kim Thomas. As was so often the case, Catherine was assaulted by her slave owner, which resulted in the birth of her daughter Mary (b. 1846). At some point, she was granted her freedom and later married an enslaved man, John Dorsey. The pair decided to run away with Mary and their infant son George (b. 1849) sometime between 1848 and 1851 via the Underground Railroad. We may never know exactly how they made the journey, but we do know that John Dorsey took Catherine's maiden name "Thomas", possibly to avoid detection.

While Canada was out of the jurisdiction of the Fugitive Slave Act, family stories suggest that Catherine's former owner made several attempts to reclaim her and her child. One can only imagine the fear that would have gripped the family, who were unsure if they were truly safe. I think we must view this period in history in its historical context. Though we now know that it was not at all common for slave catchers to venture into Canada, fugitive slaves living through lingering trauma would not have necessarily known that at the time. Certainly, they still faced barriers and discrimination.

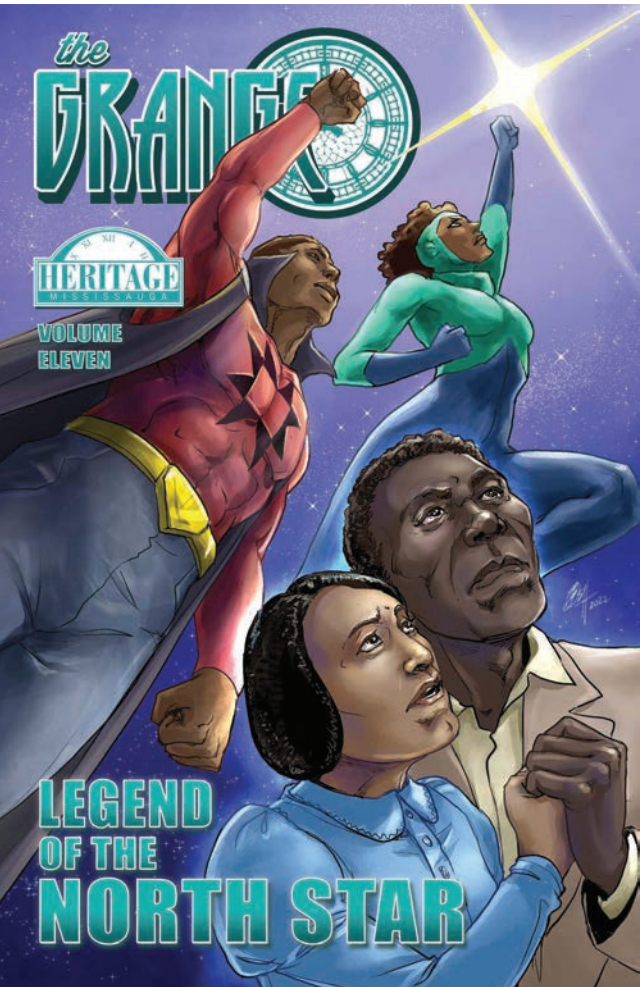
Their time here was brief. By 1861 they were living near Brantford, and by 1871 had settled in Stanhope Township, Haliburton. It was in Haliburton where John Thomas purchased land and built a large homestead for his family. The family grew too, with the births of Charles Edward (b. 1855), John L. (b. 1864), Rebekah (or Rebecca) Ann (b. 1866), and Urith Jane (b. 1869). They had achieved what many early black settlers dreamed of: safety, security, and independence.

Heritage Mississauga invites you to join us as we explore the life and times of the Thomas family in our newest comic, Legend of the North Star, which was launched on March 24, 2022.

Uncovering the valued stories of our early Black settlers is part of our journey to coming to terms with our colonial past. From the historical point of view, it can start with simple questions around who, when and why. We have some names, which provide starting points. Hopefully, in time, such as with the Thomas family, more can be uncovered. Then, perhaps, we can look to better connect those hidden histories into the story of our city.

You can find a digital version of the new comic at: <https://heritagemississauga.com/wp-content/uploads/2022/03/The-Grange-Vol11-Legend-of-the-NorthStar.pdf>

Or visit the home of Heritage Mississauga at The Grange (1921 Dundas Street West) to pick up a free copy!



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The Mississauga Cycling Advisory Committee (MCAC)

By Sunil Sharma, MCAC citizen member

Ever wonder how cycling infrastructure decisions are made around the city, or who has a say about what gets done and where? Perhaps you've ventured out along a trail or your favourite cycle path and had a safety concern, or an idea about a route improvement? Then you probably thought '... they should really do something about that!' I'd like to share some information about the Mississauga Cycling Advisory Committee (MCAC) and how you can make a difference in the Sheridan Homelands community.

As one of several advisory committees overseen by the City of Mississauga, the MCAC is made up of local councillors, City staff, Peel Region staff and a contingent of 12 volunteer citizen members. Using a straightforward application and interview process, a local citizen can apply to sit on the committee. You don't have to be an experienced cyclist, or a bike mechanic, perhaps you may not even own a bike yet. You just have to be interested in sharing your ideas about the subject, be willing to listen to different opinions and be comfortable speaking up. Advisory committees are the City's way of ensuring that decisions are made by considering the opinions of a broad cross-section of residents. When possible, a citizen member from every city ward is chosen to sit on the committee. The term of the appointment is usually four years, which aligns with municipal elections.

The topics brought forward for the awareness and attention of the MCAC can vary, with the underlying theme being cycling. Safety matters are frequently debated and acted upon. Recommending intersection improvements, reactivating cycle cross-rides and installing new bike lanes, are just a few examples addressed over the past term. The committee also assists with activities such as local bike rides and community recognition awards for residents who promote and encourage cycling in our city. Implementing changes does take time and many residents probably wish things would move more quickly, especially in their local neighbourhoods. It should be noted though, that most decisions involve multiple teams, and due diligence is exercised carefully during the process.



The MCAC meets once per month. For the last two years, meetings have been online and hopefully soon, they'll be back at City Hall. The agenda changes each month, depending upon what subjects and initiatives are raised by City staff, external organizations, committee members or members of the public. That's right, you too can have your say! Any member of the public is warmly welcomed to attend MCAC meetings. Whether it's just to listen, ask questions, or to give a deputation about an important cycling subject, your opinion matters. The MCAC encourages you to share your thoughts and present your ideas and we look forward to connecting with you soon!

For more information about MCAC, please visit:
<https://www.mississauga.ca/council/committees/mississauga-cycling-advisory-committee/>

With his PhD complete, U of T grad to pursue career in drug discovery

By Michael McKinnon

Aaron Cabral earned his PhD in chemistry from the University of Toronto's Faculty of Arts & Science in November 2021 after focusing his research on developing new diagnostic methods for drug discovery research in oncology and neurodegenerative diseases.

Under the supervision of **Patrick Gunning**, a professor in U of T Mississauga's department of chemical and physical sciences, Cabral also worked on a platform for chemically "tuning" drugs to improve their stability and selectivity.

The research helped Cabral rescue a previously failed clinical drug candidate for treatment-resistant cancers and patent technology that led to the creation of Dunad Therapeutics.

Writer Michael McKinnon recently caught up with Cabral to talk about his research and post-convocation plans.

Why did you decide to pursue your PhD at U of T?

After completing my undergraduate degree at U of T and exploring research through an honours thesis project, I knew I wanted to stay for my PhD. A lot of fascinating research was happening at the department of chemistry, and I especially wanted to stay in the Gunning lab. The lab and department had all the resources and infrastructure in place to get real, meaningful results by the end of my PhD tenure.

How do you explain your work to people outside your field?

I developed new tools that enable researchers to better study and discover drugs for diseases such as cancer. Within drug discovery, the molecules we synthesize in the lab are tested against a biological target – most often a protein – that is associated with a disease. The tools I created assess whether the target protein is healthy or diseased, which we can use to see if our drugs are working as intended.

How will your work improve the lives of the average person?

My PhD research has provided new tools for the discovery of new drugs to treat cancer and other diseases. These tools accelerate the drug discovery process and allow more drugs to get to clinical trials, potentially leading to more treatment options for patients of these life-threatening diseases.



UofT Mississauga alumnus Dr. Aaron Cabral worked in Professor Patrick Gunning's lab, where he developed new diagnostic methods for drug discovery, tuned drugs to improve their stability and selectivity, and rescued a failed clinical drug candidate.

Did your U of T education help prepare you for your new role as business development manager at Dalriada Drug Discovery?

My U of T education has provided me with extensive interdisciplinary knowledge of drug discovery which has been helpful in my new role. During my PhD, I was part of the entire drug discovery process, from the conception of a new drug and chemical synthesis in the lab to biological testing and pre-clinical animal studies. These contributions have solidified my understanding of the field and enabled me to discuss the needs, challenges and overall picture of drug discovery programs with our clients.

Can you talk about the patented technology you invented?

One of the elements I most appreciated about our lab and U of T was the incentive to patent our discoveries so they could be further developed into meaningful medicines. We patented the useful technologies developed in the lab, which from my work included new diagnostic tools for diseases and a platform to create improved drugs. Some of these inventions are being further developed by newly emerging companies and may lead to real products that will help society in the fight against diseases.



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Construction progress continues at Long-term care home on Speakman Drive

By Justin Maharaj, March 2022

Progress on the new health centre in Mississauga continues to move forward, bringing us closer to providing a modern, safe and comfortable place for seniors in this community to call home. The first phase of the new health centre, located at 2180 Speakman Drive, includes two new long-term care homes that will be operated by Partners Community Health (PCH.) PCH is a not-for-profit, charitable organization focused on bringing health care services together around the needs of people living in Mississauga and West Toronto.

Future phases of the health centre will include a residential hospice (built and operated by Heart House Hospice) and a health services building that will offer a wide range of medical services to the community. More information regarding future phases of the health centre will be shared at a later date.

Artistic rendering of long-term care homes on Speakman Dr.



Construction Progress and Upcoming Work

There has been significant progress in the project's construction. Most of the exterior work on the east portion of the site - which is closest to the nearby neighbours - is completed, including grading, road and parking lot base asphalt, excavation, water main, storm and sanitary sewers and foundation work.



March 2022: Northwest view of the project with the modular installation in the foreground. Structural steel erection and Speakman Drive in the background



March 2022: Aerial view of the project with structural erection on the west (left) building and the modular installation on the east building.

In the coming months, we will focus on the following on-site work:

- **The east building:** modular installation, internal wall construction, mechanical and electrical rough-in, insulation, structural steel core installation, roofing, exterior brick veneer, insulation and metal panelling.
- **The west building:** structural steel installation, internal wall construction, mechanical and electrical rough-in, insulation, perimeter metal stud work, metal panelling, window installation and exterior brick veneer.

Substantial completion for the long-term care project is planned for spring 2023 with occupancy later that year.

• **Exterior site work:** general work
While significant progress continues to be made on the project's construction, there have been impacts to the schedule and the timely production of modular units due

to supply chain shortages of construction materials and skilled labour resulting from COVID-19. As a result of these impacts, the new substantial completion date for the long-term care project is spring 2023.



March 2022: Southernly view of the West Building's structural steel and the second level concrete deck



March 2022: Aerial view of the West Building's structural steel erection and second level concrete deck installation.

Stay in touch:

The development of the health centre on Speakman Drive will make a substantial difference in the lives of residents and families in this community for years to come.

Trillium Health Partners (THP) wants to thank the community for its patience and understanding throughout the construction process. We remain committed to working alongside the community and minimize disruption in the area, as much as possible.

As always, we welcome your questions and comments, and we will continue to share information with you as it becomes available.

For updates and additional information, please visit <https://trilliumhealthworks.ca/new-long-term-care-homes.html> and <https://partnerscommunityhealth.ca/long-term-care/#future>. If you have questions or comments, or want to sign up for our mailing list, please send an email to public.affairs@thp.ca. We look forward to welcoming residents to the new health centre in spring 2023.

Calendar of Events

May 13-15	Rotary Ribfest Erin Mills Town Centre www.ribfestmississauga.com
May 28	Community Garage Sale (raindate: May 29)
June 8	AGM - Thornlodge Park (raindate: June 15)
July 26	Shakespeare in the Park (Henry V) Thornlodge Park, 7:30 pm
July 27	Shakespeare (Henry V) - Riverwood
July 28	Shakespeare (Henry V) - Benares House
Sept. 15-18	MSO Used Book Sale Sherwood Village (lower level) www.mississaugasymphony.ca/book-sale
Sept. 17-18	Reclaim Market (Garbage Exemption Weekend)
Nov. 1	Pumpkin Parade - Thornlodge Park



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Reconnecting with people, plants, and wildlife at Riverwood

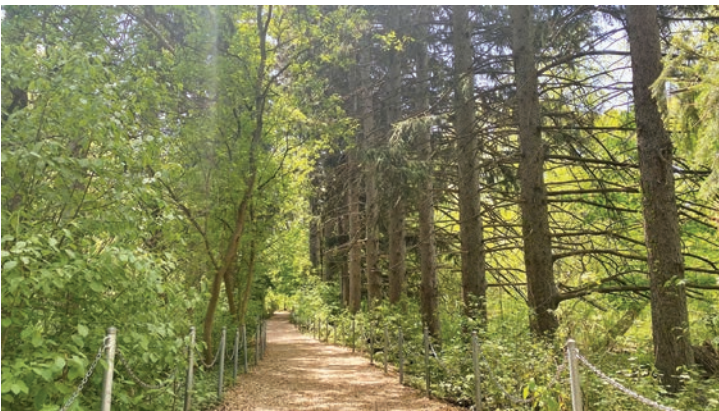
By Rasheed Clarke, Marketing Specialist, The Riverwood Conservancy



After two-plus years of pandemic living that forced so many of us to spend more time indoors and less time with other human beings, we’re starting to see signs that remind us of life before the term COVID-19 became commonplace.

Here at Riverwood, a 150-acre urban nature preserve situated on the shores of the Credit River in Mississauga, we’ve been welcoming back individuals, families, and community groups to our nature-focused programs, and preparing for the return of volunteers to our gardens and trails.

As we turn our attention to the warmer months of spring and summer, we’re looking forward to offering more programs that let local residents engage with the local environment and experience the boost to physical and mental wellbeing that can come with spending time in nature. Here’s a look at some of what you can look forward to at Riverwood.



Gardens

Our volunteer-maintained gardens will be blooming again, and visitors will have the chance to take in the vibrant colours and sweet scents of our abundant plant life all through the spring and summer. We’ll also be hosting various tours, talks, and workshops so that you can learn more about our gardens, and learn some new gardening skills to put to use around your home. Keep Saturday, June 18 circled on your calendar as we mark National Garden Day with tours and activities on site.



Conservation Areas

Our Pollinator Paradise Garden, which we established last summer, will be blooming in earnest this year. The Pollinator Paradise supports declining pollinator populations; beautifies a previously empty portion of grass; and creates a peaceful place to sit and contemplate nature. This 120-square metre garden is full of native plants specifically chosen for the food and habitat they provide for bees, butterflies, and other pollinators.

As the temperatures rise, we’ll also be expanding our vegetable garden, which provides fresh produce for local food banks.

Volunteering

We’re thrilled to be able to have our volunteers back on site. Our volunteers make a major impact on the health and beauty of our gardens and nature trails, and you’re welcome to join our team! We’ll have various volunteer opportunities, for both individuals and groups, around Riverwood as we install new bird boxes, remove invasive species, and plant trees.



During the months of July and August, we’ll be running our Summer Volunteer Program which is open to anyone looking to have fun outdoors, be part of a team, and meet new people. The program is particularly helpful for Ontario high school students looking to complete their mandatory community service hours.

Public Programs

Our **Discovery@Riverwood** public programs will continue through the spring and summer, with plenty of chances for you to learn about local wildlife and plant life, including our Beginner Birding events, which offer a great introduction to birdwatching for nature-lovers of all ages.

After an extended hiatus because of the pandemic, we’ll once again be holding our Astronomy Night events, in partnership with members from Royal Astronomical Society of Canada. Telescopes will be set up to provide amazing views of the moon, planets, and more.

For full details on our events and volunteer opportunities, and to register, head to our website, theriverwoodconservancy.org





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By Rene Labelle

GLORY DAYS

The Story of the Sheridan All-Stars

During the 1970s and 80s, the Sheridan Baseball Association (SBA) had more than 200 boys and girls from throughout the Homelands playing on House League teams in T-Ball, baseball and softball. Coached and officiated by parents and volunteers, games were played on two diamonds in Thornlodge Park and on diamonds at three of the local schools on most weeknights. Interest in the league grew after the Blue Jays arrived in Toronto in 1977 but as that generation of kids matured, registrations began to wane in the late 80's.

Humble Beginnings

In 1975, Sheridan was invited to send a select team of girls to a House League All-Star tournament in nearby Erindale. This was a great experience for the players as they saw firsthand what talented players could do. They saw fast pitching, hard throwing and great hitting. This all served to prove that the old stereotypes of "throwing like a girl", "running like a girl" and "swinging like a girl" were nothing but myths. These girls returned to their house league teams inspired and motivated to put into practice what they had seen at that tournament.



The very first Sheridan All-Star Team, coached by Pat Leggett, 1975

Building A Championship Team

Over the Winter, Bill Fitzgerald and myself offered to assist with the girls' All-Star team and it was suggested that, with our experience in men's senior fastball and men's senior baseball, we act as coaches for that team. A decision was also made to acquire a full set of uniforms for the All-Star team. Our sports equipment supplier happened to have a set of Oakland A style uniforms that he was willing to offer at a good price and the SBA accepted the offer.

In the spring, after the players were assigned to the various House League teams, we announced that there would be tryouts for the All-Star team. Bill and I explained some basic rules and we worked on some infield, outfield and hitting drills at every practice. In addition to the basics, we would throw in special drills on cut-offs, run downs, base running and situational hitting.

The girls listened intently and were like sponges. They came to practice eager to learn and ready to work on the various skills. We saw improvements at virtually every practice and knew that these girls carried that knowledge back to their house league teams, raising the level of play on those teams as the year wore on. Bill and I saw this firsthand, as we also coached separate house league teams that competed for first place throughout the year.

In 1976, the All-Stars continued to practice their skills and really started to work together. We could see them starting to gel as a team.

That summer, the league was invited to send a Bantam team to a House League All-Star Tournament in Chinguacousy. This tournament included teams from Forest Glen, Erindale, Applewood, Clarkson-Lorne Park, Malton and other leagues in the area. Despite the fact that we did not make the playoffs in this double knockout tournament, the experience boosted the players' confidence in what they were learning and, more importantly, in one another.

In 1977, the team was invited to the same tournament and played quite well. The team showed that they were a much-improved team as they made it to the final game only to lose to the host team. The girls returned home confident that they should have won and were on the right track.

After working hard throughout the summer of 1978, the team was invited back to the Chinguacousy tournament. It was at this tournament that the girls realized their dream of being Champions. They were undefeated in that tournament and claimed the title.

In 1979, at the Chinguacousy tournament, they once again showed that they had the right stuff and, going undefeated, they won the Championship title. The Sheridan All-Stars were proving their standing as a dominant team in tournament play.



Proudly displaying the Chinguacousy tournament Championship medals

Back Row: Rene Labelle, Jenny Bolton, Joyce VanderVliet, Mara Meleski, Janet Ijzerman, Johanne Leggett, Karen Varty, Bill Fitzgerald

Front Row: Heather Easter, Gayle Fitzgerald, Carole Fitzgerald, Jeanne Blewett, Tracy Hendy, Vicki George



Chillin' out between games!



Game Time: Batter Up!

History in Crests Earned

The picture below displays a collection of the crests that were earned by one of the players. It clearly shows how this group of girls progressed over the years. In addition to these crests, some of the players earned honours as Tournament MVP.



Passing The Torch

In addition to the development and progress of the first of the Sheridan All-Star teams, we were not alone. As the original team moved from Bantam to Midget and the overall quality of play improved, a new Bantam All-Star team was created. Many of the players on these subsequent teams were friends or sisters of the older girls. Initially coached by Gary Lovell and Dr. Bill Leggett, the All-Star progression and standard was established for Sheridan as these teams carried on the winning tradition.

After Sheridan

This group of the All-Stars was not finished with baseball once they were past the maximum age for Midget competition. Many stuck together and added players from some of the other teams that they had played against. Bill and I entered them in the Etobicoke Ladies Fastball League. The league expressed concern as to how competitive the girls would be against some seasoned women ballplayers. Well, the team sure answered that question by finishing second in a six-team league.

Friends For Life

As we were gathering the materials for this article, there were many discussions and electronic meetings that took place amongst the former players and their parents. In thinking back in time, it was remembered how talented and keen these All-Stars were, as well as how well they represented Sheridan Homelands and did it with skill, enthusiasm and pride. This team showed a lot of dedication and commitment while having a lot of fun and finding comrades in arms and friends for life. Bill and I were proud to be associated with this team. We were proud of the way they conducted themselves, on and off the field and responded to the many challenges that faced them. They were truly a credit to themselves, their families and the community. **They were Champions!** Certainly, we are all **Friends for life!**

Credits For This Material

I would be remiss if I did not thank several of the players, parents and coaches who helped in gathering the material for this article. They scoured photo albums, memento boxes and dark cupboards to provide more material than I could use. It has certainly been a "Walk down memory lane" for all concerned. I especially want to recognize Mara (Meleski) King; Johanne (Leggett) Hand; Heather (Leggett) Fleming; Tracy (Hendy) McCutcheon; Gayle Fitzgerald; Carole (Fitzgerald) Warfield - all original All-Stars from those Glory Days - and, Pat Leggett, SBA Board member and jack of all trades during her many years with the SBA. They provided most of the pictures, player ID's and some very valuable input. I would especially like to recognize my good friend and fellow coach, the Late Bill Fitzgerald for the time that we spent together over many years. Bill once said, "About all that this team didn't accomplish was that they never played a Boys softball team. With their grit, these girls would have won!"



Thriving in Place Through Intergenerational Homesharing:

Handmade Matches Made by Real Social Workers

By Jackie Tanner

In Canada, most older adults want to remain living in their homes. And why wouldn't they? Their homes are in their communities and their communities keep them connected. However, the desire to age-in-place can come with challenges. Small household tasks that were once easy, such as taking out the weekly garbage, can begin to present big barriers. The risk of social isolation is also increased for older adults living alone. When living on a fixed income, older homeowners may cut back on social activities, medications, travel, or putting off home repairs. However, many of the homes of older adults have one thing in common that presents an opportunity: they contain an empty bedroom.

At the same time as we are seeing older adults with extra space in their homes, students are struggling to find safe and affordable housing close to campus.

To concurrently address these issues, the Canada HomeShare Program by NICE, has put these two groups together to form mutually beneficial living arrangements. What began as a municipal pilot project in Toronto in 2018 has grown to become a pan-Canadian expansion. Canada HomeShare is currently operational in Peel Region, Metro Vancouver, Kingston, and Toronto. Over the next year, sites will be launched in Peterborough, Winnipeg, Oshawa, Ottawa, Barrie, Montreal, Halifax, and Calgary.

What makes the program unique is that it is completely facilitated by social workers. All participants are screened, personal references are checked, all homes are audited for safety, and all participants must have a clear Vulnerable Sector Screening (police background check) before they

are able to be matched. Canada HomeShare social workers make matches that feel meaningful and beneficial to both parties and all matches have access to their Canada HomeShare social worker for their duration.

How the program works

It all begins with an application. Following that is an interview with a Canada HomeShare social worker. The administrative tasks of checking references, conducting a home audit for safety and accessibility, and conducting a Vulnerable Sector Check follow. Once these tasks are complete, eligible participants enter the matching pool and the process of finding your perfect match begins. As part of Canada HomeShare, students pay \$400-\$600 in monthly rent directly to their home provider and contribute up to seven hours per week in assistance around the home and/or companionship. Matches typically last between 4-8 months, and expectations and guidelines are written into a tailor made HomeShare Agreement which is created by the social work team. Canada HomeShare is not-for-profit and is free for all participants.

This unique model of homesharing presents an opportunity to mitigate some of the challenges of aging-in-place while building connections in the community. These important intergenerational connections have been shown to reduce ageism and promote inclusivity. When we rethink the spaces where we live, we are able to see opportunities where there used to be barriers, and solidarity across generations.

For more information visit
<https://www.canadahomeshare.com/>



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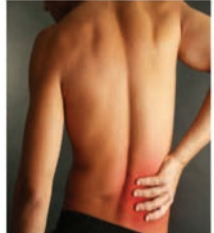


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